

Mental health services



available over Christmas 2018

- Monday 24 December - Christmas Eve
- Tuesday 25 December - Christmas Day (Bank Holiday)
- Wednesday 26 December - Boxing Day (Bank holiday)
- Tuesday 1 January - New Year's Day (Bank Holiday)

Bristol Mental Health services

service closed

service limited

service open

Assertive Contact and Engagement Service

0117 239 8969

The Assertive Contact and Engagement Service (ACE) is closed on bank holidays over the Christmas period. The telephone service is operational for reduced hours on Monday 24, and Monday 31 December, when it will be open 9am - 3pm. Normal service will resume from 2 January.

The women's morning group is open on 28 December at Faith Space, Redcliffe between 10am and 12 pm.

Bristol Sanctuary

Call: 0117 954 2952 / Text: 07709 295 661

The Bristol Sanctuary is a comfortable, safe place that is open for people experiencing severe emotional distress to go to for help outside of normal working hours. At the Sanctuary people can find a quiet space, chat to others or talk to a support worker.

The service is open normal hours throughout the Christmas period, 7pm - 1:30am Friday to Monday.

The service's telephone line will also be open 5pm - 1:30am Friday, Saturday, Sunday and Monday evenings.

Bristol Wellbeing Therapies Service

0117 982 3209

Bristol Wellbeing Therapies Service offers a variety of talking therapies to support individuals experiencing a range of difficulties, including depression, anxiety and work related stress.

Services will be open for reduced hours of 9am - 5 pm from Monday 24 December until 31 December, closing for Christmas Day, Boxing Day and New Year's Day. Normal service resumes from Wednesday 2 January.

Community Rehabilitation Service

0117 909 6630

The Community Rehabilitation Service supports people with long term mental health and complex needs to gain the skills and confidence to live as independently as possible.

The service is closed on the bank holidays over Christmas and will close at 2 pm on Monday 24th December. It is open all other working days, 9am - 5pm, Monday to Friday.

Crisis Service

0300 555 0334

The Crisis Service and crisis line provide 24/7 support and specialist intervention (including over Christmas) for people experiencing an extreme mental health or emotional crisis. For more information, go to: www.bristolmentalhealth.org

Dementia Wellbeing Service

0117 904 5151

The Dementia Wellbeing Service offers a personalised package of support for those living with dementia and their carers, covering all aspects of dementia care.

The service is closed on the bank holidays over the Christmas period. It is normally open 8am - 6pm, Monday - Friday.

Early Intervention in Psychosis Service

0117 919 2371

The Early Intervention in Psychosis Service supports people in the early stages of psychosis.

The service is closed on the bank holidays over Christmas. It is usually open 9am - 5pm, Monday - Friday.

Employment Service

0117 923 2741

Bristol Mental Health's Employment Service supports people with mental health problems to get back into work or to remain at work. The service is closed on the bank holidays over Christmas, with reduced hours of 9am - 12 pm on 24 and 31 December. It is usually open 9am - 5pm, Monday - Friday.

Men's Crisis House

0117 934 9848

The Men's Crisis House is open 24/7 over the Christmas period to men experiencing mental health problems where hospital admission might be the only other alternative available. The home has ten bedrooms in a large house with 24 hour support. Access is dependent on availability. Clients can stay in the house for up to four weeks.

Women's Crisis House

0117 924 6459

The Women's Crisis House offers an alternative to psychiatric admission for women who are experiencing a mental health crisis and are unable to cope in the community. The service can support women for up to four weeks and is open 24/7 including over the Christmas period. Please note that access to the Crisis House is dependent on vacancies.

Assessment and Recovery Service

North Team at Greenways: 0117 354 7300

Central & East Team at Speedwell: 0117 955 6098

South Team at Petherton: 0127 579 6200

The service will be accessible for those who need intensive support over the Christmas period. For more information, go to:

www.bristolmentalhealth.org

